

Grace Center Inc.'s mission is: providing nutritious food and promoting social interaction with commitment and grace to our rural community.

The Grace Gazette

JULY 2010



Grace Center

701 W. Popcorn Rd.

Harrodsburg, Indiana

812-824-5595

PANTRY HOURS

Pantry Hours:
Tuesdays
10:00 am-12:00 pm
 (Located in back of Community Hardware)
Serving Clear Creek, Indian Creek, and Polk Townships

WISH LIST GOAL:

Catsup, Sugar,
 Canned Milk
 "Cream of" Soups
 Dish Soap,
 Laundry detergent!
 Toilet paper

CAN YOU HELP?

Kroger Gift Card Reload Update

Grace Center is \$480 away from Kroger writing us another check. Keep reloading those cards. Use your card to buy groceries and gas! What a great way to help Grace Center without spending any extra money!



How Grace Center helped the Community in May

- 96 Adults served
- 48 Children helped
- 82 Families helped
- 339 Bags of Food given
- 1 New Families Helped

Who can come to the Community Dinners?

EVERYONE

Board Members:

Tina Baugh, President
 Margaret Simmerman, Vice President
 Steve Fichtner, Treasurer



HUNGER 101-FEED YOUR MIND

In many ways, America is the land of plenty. But for many Americans, hunger is a reality. Many people believe that the problems associated with hunger are confined to small pockets of society, certain areas of the country, or certain neighborhoods, but the reality is much different. Right now, millions of Americans are struggling with hunger. We all know and are in contact with people affected by hunger, even though we might not be aware of it. These are often hard-working adults, children and seniors who simply cannot make ends meet and are forced to go without food for several meals or eat food that is not nutritious. This is known as food insecurity. When people lack enough safe, nutritious, acceptable food for a healthy and productive life, it is food insecurity. They often do not know where their next meal will come from. Most of us simply have no idea. It is time for us to educate ourselves about the causes of hunger in America. Think you know the facts about hunger in America? Spend a few minutes to take the Hunger Quiz below and you might think again!

1. One in six Americans does not have access to enough food.
 TRUE FALSE
2. Most individuals struggling with hunger are homeless and out of work.
 TRUE FALSE

3. Very few children struggle with hunger because there are programs to take care of them.
 TRUE FALSE
4. Most people in low-income households would be fine if they just worked harder.
 TRUE FALSE
5. Even college-educated people struggle with issues of hunger in this country.
 TRUE FALSE
6. The lack of adequate nutrition only affects children's physical growth.
 TRUE FALSE
7. In school, children from food insecure households perform just as well as children who have enough nutrition daily.
 TRUE FALSE
8. More than 2 million rural households experience food insecurity.
 TRUE FALSE
9. Urban counties have the highest poverty rates in the United States.
 TRUE FALSE
10. More than 49 million Americans don't have dependable, consistent access to enough food due to limited money and resources.
 TRUE FALSE

Answers on Back
 Information from
feedingamerica.org



WHY I VOLUNTEER



I enjoy working with people and having the opportunity to help people in an added bonus for me. Volunteering for the Grace Food Pantry has met those needs for me.

I have been a volunteer for the Food Pantry for several years now and thoroughly enjoy the time spent. The patrons who use the Food Pantry seem like an extended family. I do miss seeing them when my husband and I become 'snowbirds' in Florida each winter.

I also enjoy working with the other volunteers on a regular basis. I thank the Grace Center Board for overseeing the operations of the pantry and giving me the opportunity to be a part of the picture.

~Barbara Stainbrook

CLEAR CREEK TRUSTEE CONTINUES TO "BE ON BOARD" WITH GRACE CENTER FOOD PANTRY

Grace Center Food Pantry accepted a \$1,000.00 check from Clear Creek Township Trustee, Thelma Kelly Jeffries, to further the cause of helping those in need in southern Monroe county. Grace Center food pantry distributed 5,435 bags of groceries in 2009. This was possible only with help of area churches, businesses, individuals, and elected officials, like Thelma who are willing to 'be on board' with this community project. It is an impossible task alone but with caring people of this community it is working. Grace Center serves the townships of Clear Creek, Indian Creek and Polk, 3 rural townships where the fallen economy has hit hard. Items purchased for Grace Center mostly come from the Hoosier Hills food Bank. These items can be purchased for \$.14 a pound. So to put this donation in perspective, that is approximately 7,150 lbs of food that can be purchased with the \$1,000.00. Grace Center is grateful for a partner who understands the need in this area and compassionately responds.

So far in 2010, Grace Center has given 1751 bags of groceries, helping 395 families

Community Center Activity Calendar

www.gracecenterindiana.org

JULY

email: gracecenterinc@gmail.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Remember, all events are held at the Community Center unless otherwise noted.				1 Harrodsburg Lions Club 6:30pm	2	3
4 	5	6 Food Pantry 10:00am-12:00pm Grace Center Board Meeting at Community Hardware 6:00pm	7			
11	12	13 Give Away at Harrodsburg United Methodist Church 10:00am-2:00pm details below Food Pantry 10:00am-12:00pm Euchre 12:30-2:30	14	15	16	17
18	19 Ladies Craft Night Smithville Com. Center, 6:30 Contact Patty, 824-2611	20 Food Pantry 10:00am-12:00pm WIC Nutrition Services and Quit Smoking resources 10-noon (inside Community Hardware)	21 Indian Creek Lions Club 7pm Contact Lloyd at 824-9771 for location	22	23	24
25 	26	27 Food Pantry 10:00am-12:00pm ★ Voter Registration 10am-Noon Euchre 12:30-2:30pm Community Dinner 5:30-7pm	28	29 Valley Mission Church of the Nazarene Free Lunch Noon- 1pm	30	31

Answers to Hunger Quiz

1. **TRUE.** Not having access to enough food to sustain a healthy life is a reality for one in six Americans including children.
 2. **FALSE.** Hunger is not just an issue for the people who struggle with poverty and homelessness. Only 12% of the individuals served by food pantries are homeless.
 3. **FALSE.** According to the USDA, more than 14 million children are living in food-insecure households. School lunch program do help, but they don't solve the whole problem.
 4. **FALSE.** 36% of households served by pantries have at least one adult who works.
 5. **TRUE.** 26% of the adults interviewed during the Hunger Survey have attended college or a technical school. Education is extremely important, but sometimes it's just not enough.
 6. **FALSE.** The lack of adequate nutrition affects the cognitive and behavioral development of children.
 7. **FALSE.** Children from food-insecure, low income households are more likely to experience irritability, fatigue, and difficulty with concentration, which makes performing at school difficult.
 8. **TRUE.** More than two million rural households experience food insecurity, that means they don't have access to enough food to sustain a healthy life.
 9. **FALSE.** Counties with high rates of persistent poverty are often rural, where it can be more difficult for food banks and food pantries to support them effectively.
 10. **TRUE.** According to the USDA, limited resources prevent more than 42 million Americans from getting enough food.
- Grace Food Pantry is here to help those in need. If you would like to donate food or money to the pantry or are in need of food, please contact the food pantry at 812-824-5595.**

Give Away, to All

On **Tuesday, July 13th**, from 10:00 to 2:00, Harrodsburg United Methodist Church will be giving away clothing and house ware items that have been collected. **Everything is free** to those who can use it. Items will be available in the basement of Fellowship Hall. Please use the door at the back of the church.

Everyone is welcome!

GRACE CENTER SENDS SPECIAL THANKS TO:

- Smithville Farmers Market for generously donating 78 lbs. of fresh produce.
- Riley Chaney for faithfully bringing bread and bakery items that were donated by Kroger.
- Harrodsburg United Methodist Church for compassionately donating 94 lbs of canned goods, 60 lbs of produce, 35 lbs of apples and 25 lbs of potatoes.
- The Stainbrooks for seeing the need and donation 12 lbs of catsup, potato box mixes, and tissue.
- Heritage Day Board of Directors for donating 25 lbs of fish, 35 lbs of cole slaw and 60 lbs of potato salad from the Heritage Days Festival.
- The Cheryl Munson family and the John Thrasher family for donating their chickens farm fresh eggs.
- Georgia Waterford for thoughtfully donating 13 lbs of assorted foods.
- Ralph and Martha Calabrese for kindly donating 6 bags of tortilla chips.

Voter Registration at Community Hardware

Last Tuesday of each month from 10 am to Noon
Bring your current Drivers License or have your last 4 digits of your Social Security number.

ADDRESS LABEL

STAMP

Return Service Requested
Harrodsburg, IN 47434
PO Box 5
Grace Center Inc.